

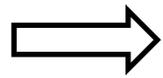


## Welcome to IY7!

Dear \_\_\_\_\_,

I'm so happy to welcome you into our classroom. Fifth grade (or as we call it at AFNorth, IY7) is a busy year, filled with lots of fun and learning. For example, did you know that water is the main ingredient of your blood? That's just one of the cool facts we will explore in our *Making Healthy Choices* unit.

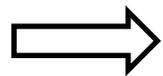
During our first week of school, we will have a chance to talk and get to know one another better. The following is a checklist of the things I would like you to bring to share:



1. **An object that reminds you of a good summer memory.** For example, a t-shirt, post card, shell, a chewed flip flop (I'll tell you that story later!)



2. The **empty container** or packaging of your **favourite breakfast cereal.**



3. A **book** you enjoyed reading.

Enjoy your weekend. I'm looking forward to greeting you on Monday, August \_\_\_\_\_ in the red pod, second floor, room 2.10.

Your teacher,

Mrs. Remisch

P.S. I hope you enjoy the *Jitter Glitter* poem. Please share this letter with your parents?



# JITTER GLITTER

The night before school is exciting and fun.  
There's always so much that needs to be done.

Your clothes are ready;

Your backpack too.

Our classroom is full of fun things to do.  
There are so many questions going through your mind;  
And so many thoughts of every shape and kind.

When you get the jitters way down deep,

You might find that it's hard to sleep.

This magic glitter can be used as a tool  
To help you be ready and rested for school.

Just sprinkle a little on top of your head,  
The night before school when you go to bed  
The glitter will help you all through the night.  
And wake you in the morning fresh and bright.

I'll sprinkle some on my head too

'Cause I can't wait until I see you.